



La Jolla Center for Holistic Dentistry

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OZONE HIGH DOSE THERAPY CONSENT

Ozone high dose therapy is pioneered recently by Dr. Johann Lahodny of Vienna Austria. It appears to be the most powerful and effective oxidation therapy we've seen with a more rapid and complete action of ozone's expected beneficial effects (Immune modulation, cardiovascular improvement, and pathogen and toxin reduction).

The treatment: 200cc of blood is withdrawn. Ozone/Oxygen gas is mixed with your blood under pressure and the blood returned. This constitutes one pass. It is repeated 9 additional times for a total of up to 10 passes.

Risks: We need to use more heparin, even up to 20,000 units, which is the full dose used in hospitals to "thin the blood" for blood clots. Heparin decays at a rate of about 1,000 units per hour. A full dose leaves you fully anti-coagulated, like a person on a blood thinner like Warfarin/Coumadin. However, the latter lasts for days. Heparin is gone in hours, and can be reversed with a drug called protamine if needed. We will apply a pressure dressing which must be kept on overnight or for at least 10 hours. Women must NOT be on their menses.

YOU MUST INFORM US IF YOU HAVE HAD ANY INJURY OR FALL in the last 3 days, ESPECIALLY TO YOUR HEAD. You must do this before future treatments also.

We have seen a few patients with blood-tinged urine lasting for a day.

Due to the full dose of heparin blood thinner, there is a risk that:

- (1) While the heparin is still in full or nearly full force, if you fall or cut yourself you will have significant bleeding. If you strike your head you could have an internal bleed. You could have a nose bleed if your nose is irritated from allergies or a cold. The nosebleed can last for a few hours, but will stop with compressing your nose between your thumb and fingers.
- (2) Tumors always have a higher risk of bleeding by nature. If you have cancer, the tumor and its metastases could bleed, leading to death or shock. If the tumor is in your brain and bleeds, it could lead to death or a stroke.

The IV line could clot during administration and there is the risk of losing the remaining blood in the bottle or IV line. Loss of this blood would be expected to have negligible effects on your health. In many cases, slight blood loss is a health benefit.

I understand the foregoing risks and benefits and give my consent to receiving high dose ozone therapy.

Patient Signature

Date

Patient Print Name

Witness Signature

Date

Updated June 2016